



## What is Curacorn® and Who Will Benefit from Curacorn®?

Curacorn® is only used by HCPC registered podiatrist's with a local anaesthetic license. Curacorn® has been developed using a highly viscous formulation of Hyaluronic Acid (HA). HA is a naturally occurring substance, most often found in the joints, therefore it is biocompatible with very few side effects.

The filler is injected underneath a corn or callus which causes a response in the body that provokes the formation of collagen and draws fluid towards the area. This creates a comfortable, natural cushion between the bone and the skin. providing long term relief from those long-standing painful lesions on the feet allowing our patients to live the pain free life they want to. Be it to participate in sports, run around after children or grandchildren or reduce the risk of ulceration in high pressure areas Curacorn® has been developed to help tackle these problems.

The 'cushion' underneath a lesion decreases the production of callus and corns, ultimately relieving the pain associated with them. The high viscosity of Curacorn® has proved not to disperse under the pressure of walking or the forces exerted on feet from footwear. It's effects can last up to 18 months.

As it is a naturally occurring product it has very few side effects and is very safe to use, even on patients with Diabetes, Rheumatoid Arthritis and other Autoimmune conditions, and patients taking anticoagulants.

Who will Benefit from Curacorn®?

- Patients with acute or chronic corns on high weight-bearing areas or in-between toes
- Patients with areas of pressure resulting from bony changes e.g. bunions, retracted toes
- Patients with a thinning of the natural fatty padding in the ball of the foot exposing the joints to high pressure when walking
- Pain in the heel caused by the loss of natural fatty pad
- Patients with long standing, acute or chronic painful foot lesions
- Patients who often wear high heels

## What To Expect on The Day

Patients will be assessed during a new patient appointment or in the case of an existing patient their routine appointment, where we will take a full medical history, and assess your suitability for treatment. This will also include a full Vascular and Neurological assessment and lesion check with pressure analysis. If suitable, a treatment plan will be discussed and agreed.

You will then be booked in for a series of appointments with our Curacorn® trained podiatrist Shelly, for the administration and review of your Curacorn® treatment.

**Appointment 1** - We will revisit your suitability and check no changes to your medical status, consent you for treatment, photograph the lesion, debride it and administer a small amount of local anaesthetic to the area prior to make the procedure as comfortable as possible for you. We will then administer the Curacorn®

**Appointment 2** - This is 2-6 weeks later where we will re-assess you and if required, top up the treatment using exactly the same procedure.

**Appointment 3** - This will be a telephone call or email to follow up on the previous procedures.

(Price starts from £380.00 for one area, this includes the 3 appointments mentioned above).

## Post Treatment

Expect:

- Some redness
- Swelling
- Tenderness
- Occasionally bruising

These are short term and will subside within a few days. Although it can take up to 2 weeks for dermal filler to completely settle down.

**DO NOT** rub or massage the area

**DO NOT** use creams or lotions for 12 hours post treatment

**DO NOT** use sunbeds/saunas/steam rooms/ exercise for 24 hours post treatment and avoid extreme hot temperatures

**DO NOT** wear tight fitting footwear for 24 hours post treatment

**DO** keep hydrated and drink plenty of water

We advise you keep off your feet as much as possible for 12/24 hours post treatment for optimal results.

If areas on the bottom (plantar) aspect of your foot have been treated, try avoiding putting pressure over that area for 12/24 hours for optimal results.

If you have any questions or concerns post treatment please contact the clinic on 07507163999 or [swclinic@outlook.com](mailto:swclinic@outlook.com)

Or you can contact Curacorn® on 08452993412

## Information Sheet

Before the injection, please read this document carefully. Don't hesitate to ask questions if you feel the information is not clear. Your practitioner, who is trained in the injection techniques, will be available to answer your questions, write these down and take them to your appointment or email your questions to Shelly at [swclinic@outlook.com](mailto:swclinic@outlook.com). Take the time you need before making your decision.

### 1. PRODUCTS AND INDICATIONS

The filler used, includes cross-linked gels (cross-linking is a process which can transform a liquid gel into a viscoelastic gel.) The filler used is designed for cushioning beneath painful lesions. This product has a 6 to 18 months duration, depending on several factors; the patient's skin type, the severity of the lesion to be cushioned, the injection zone and the volume injected. Your practitioner will choose the product for injection according to your requirement.

### 2. PRECAUTIONS FOR USE AND CONTRAINDICATIONS

- Pregnant or breast-feeding women, children
- Sports persons have to be alerted on the fact that this product contains an active compound, which may lead to a positive reaction to doping tests
- History of hypersensitivity to one of the components of the products tested (hyaluronic acid, lidocaine, vitamins) or of anaphylactic shock or severe allergy
- History of autoimmune disease or disease affecting the immune system (type 1 diabetes, polyarthritis, rheumatoid arthritis, ankylosing spondylitis, psoriasis, thyroid disorder, scleroderma, inflammatory intestinal disease, lupus, multiple sclerosis, ulcerative colitis)
- Pathology (herpes, acne, rosacea) or unhealed skin alteration
- Complications after surgery during the past 5 years
- Previous injection of permanent products (silicone, acrylic polymers, dextran)

### 3. PRECAUTIONS FOR USE AND CONTRAINDICATIONS

The filler used has been available commercially within the European Union for many years, with several million syringes injected. On the basis of current data, there is no reason to suspect any unknown risks. According to international literature and health authorities, hyaluronic acid based products may potentially have side effects. Indeed, although hyaluronic acid is a natural constant of the dermis, an injection of hyaluronic acid is likely to cause a skin reaction as if this molecule was a foreign body. These reactions are usually temporary but influenced, on the one hand, by many external factors (type of product, technique, site, number of injections and quantity of product injected). On the other hand, by factors specific to the person being injected (injection tolerance, prototype, nervousness at the time of injection, medical history).

- Dissatisfaction with the expected result
- Redness, bruising, ecchymosis, haematoma, oedema, itching, mild pain at the injection point which may occur after the injection and is resorbed after 24 hours to 8 days (on average, within 72 hours)
- Indurations or nodules which may occur at the injection point 15 days to 3 months after the injection
- Discolouration of the injection zone

I have also been informed that very rare cases of medical device vigilance have been described in the literature; Necrosis in the glabellar region, abscess, granuloma and hypersensitivity following injections of hyaluronic acid. However, if you notice a side effected after an injection, you must contact your practitioner immediately on 07507163999 or [swclinic@outlook.com](mailto:swclinic@outlook.com) or Curacorn® head office on 0845 2993412